

Commentary of Holy Science

The Holy Science's teachings is broken down like this according to the four stages in the development of knowledge where the highest aim of religion is Atma Jnanam-Self knowledge

1. Part 0: Kaivalya Darsanam or Final Truth
 - a. This section outlines the purpose of the book and how it came about as a way of showing there is an essential unity in all religions
 - b. Yukteswar's Yuga theory is given
 - i. He claims that we are now in the Dwapara Yuga
 - ii. He then outlines the cyclical nature of the Yugas
 - iii. This all really goes over my head, but he must have placed it for a reason so I will diligently study it as a base to understand it moving forward
2. Part 1: The Gospel
 - a. This section deals with the Veda, the gospel, and seeks to establish fundamental truths of creation and to describe the evolution and involution of the world
 - b. Has 18 sutras to be studied
3. Part 2: The Goal
 - a. All creatures from the highest to the lowest in the link of creation, are found eager to realize three things which are the subject for discussion in the second section of the book
 - i. Existence
 - ii. Bliss
 - iii. Consciousness
 - b. Has 22 sutras to be studied
4. Part 3: The Procedure
 - a. This section deals with the method of realizing the three purposes of life.
 - b. Has 32 sutra's to be studied
5. Part 4: The Revelation
 - a. This section discusses revelation which come to those who have traveled far to realize the three ideals of life and who are very near their destination
 - b. Has 12 Sutras to be studied